



Table 2

3.2. Course description

Basic description		
Course coordinator	Klementina Ružić, MD PhD	
Course title	Rehabilitation and resocialization of psychiatric patient	
Study programme	Bch in mental health	
Course status	compulsory	
Year	2	
ECTS credits and teaching	ECTS student 's workload coefficient	2
	Number of hours (L+E+S)	30 (15+0+15)

**1. COURSE DESCRIPTION**

*1.1. Course objectives*

The aim is to familiarize students with the process of rehabilitation in psychiatry, what is a complex process with the aim of keeping a healthy life, despite the existence of symptoms of the disease or disorder. Students will learn about basic role of psychopharmacotherapy, sociotherapy and psychotherapy in rehabilitation, with the ultimate role of resocialization and reintegration of psychiatric patients in the community and improve their quality of life. Also, the aim is to enable students to acquire the necessary knowledge for the integrated biopsychosocial approach to the patient, to adopt findings of the necessity of applying the knowledge and sociotherapeutic interventions used to teach patient to recognized their own behaviour in the narrower and wider community.

*1.2. Course enrolment requirements*

- None

*1.3. Expected course learning outcomes*

The planned outcome of course is the adoption of attitudes and knowledge to the successful rehabilitation of psychiatric patients is possible with the achieved primarily compliance of the patients, but equally important is the willingness of the environment to actively participate in his treatment. Primarily this relates to his family, and beyond the workplace and the community in general. It is necessary to develop specific knowledge of the psychiatric rehabilitation can not be imposed on the patient, but she has concerns about the rights of the individual as respective and equal partners in treatment and motivation for rehabilitation. In addition to what is important to adopt an intervention strategy for psychiatric rehabilitation are twofold: oriented towards the individual and the environment, it is necessary to understand the need for continuing interdisciplinary teamwork in rehabilitation and resocialization of psychiatric patients. Expected to understand the essential fact that the success of rehabilitation of an individual, depends on the individual and the type of disease or disorder from which people suffer, but on the other hand rehabilitation success can be assessed only when we succeed in treatment to include patients and the environment.

*1.4. Course content*

The content of the course emphasize short-term goals of rehabilitation, which are individual - personal, relating to recovery and empowerment of the sick; long-term goals include improving the quality of life, as long as remission of the disease and prevent relapse, and the establishment of functioning in everyday life what it was before occurrence of the disease. Will be processed by the sociotherapeutic intervention in the process of rehabilitation: sociotherapeutic procedures of the institution and in the community in which the patient returned after discharge from treatment. Sociotherapy term indicates the type of rehabilitation treatment which aims to improve the social functioning of patients and their social adaptation



capacities, resocialization. In therapeutic use the dimension group, and sociotherapeutic procedures differ by type of activity carried out according to individual and group targets to which they are targeted. Examples sociotherapeutic procedures are therapeutic communities, learning social skills, work and occupational therapy, recreation, music therapy, dance, art workshops, clubs and the like.

1.5. *Teaching methods*

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> lectures               | <input type="checkbox"/> individual assignment  |
| <input checked="" type="checkbox"/> seminars and workshops | <input type="checkbox"/> multimedia and network |
| <input checked="" type="checkbox"/> exercises              | <input type="checkbox"/> laboratories           |
| <input type="checkbox"/> long distance education           | <input type="checkbox"/> mentorship             |
| <input type="checkbox"/> fieldwork                         | <input type="checkbox"/> other                  |

1.6. *Comments*

1.7. *Student's obligations*

Regular attendance to lectures, seminars and exercises and the continuous preparation for the seminars

1.8. *Evaluation of student's work*

Course attendance	15%	Activity/Participation	25%	Seminar paper		Experimental work	
Written exam	30%	Oral exam		Essay		Research	
Project		Sustained knowledge check	30%	Report		Practice	
Portfolio							

1.9. *Assessment and evaluation of student's work during classes and on final exam*

Evaluation will be performed according to the Legal act of evaluation of University of Rijeka and of School of medicine Students' performance will be evaluated through entire duration of the course ( 70% of the evaluation) as well as on the final exam ( 30% of the evaluation).

1.10. *Assigned reading (at the time of the submission of study programme proposal)*

T. Frančišković, Lj. Moro i sur.: „Psihijatrija”, Medicinska naklada, Zagreb, 2009.  
Lj. Moro, T. Frančišković I sur. “Psihijatrija”, Glosa, Rijeka, 2004.

1.11. *Optional / additional reading (at the time of proposing study programme)*

1.12. *Number of assigned reading copies with regard to the number of students currently attending the course*

Title	Number of copies	Number of students

1.13. *Quality monitoring methods which ensure acquirement of output knowledge, skills and competences*

Anonymous evaluation questionnaire is given to the students at the end of the course. The rate of the course completion and grading is evaluated.